With Work Comes Independence

Breauna Theobald enjoys the independence that comes with working and earning her own money. Before every shift, she goes into work at Liberty Fresh Market with the intention of doing her best and learning more – and she accomplishes all of this with a smile on her face the entire time.

"Working at [Liberty Fresh Market] has made me grow," Breauna said. "There's been a lot of challenging stuff but I like learning and I'm doing really good."

Breauna has been with Liberty Fresh Market as a clerk-in-training since its inception. She mans the register, assists in the deli and helps with cleaning. She considers her role at Liberty Fresh Market as her current "dream job."

"I've gotten a lot of experience," she said. "I've gotten really good; I know what buttons to push on the register and I like helping in the deli."

Breauna said earning her own money is very important to her because she intends to use it to help pay for school. She wants to work in a hospital setting one day, like her mother who is a registered nurse.

With Breauna's work experience at the market, she became a prime candidate to work at Price Chopper Supermarket. However, she soon realized that her heart belonged up on Route 30 at Liberty Fresh Market and she returned.

"I love my staff," she said. "I work with a very special person who pushes me to do my best."

Breauna said that "special person" is Bridget Brownell, the market's Customer Experience Specialist, who supervises and teaches her every shift – sometimes instructing her to do tasks she doesn't enjoy, like cleaning the restroom and mopping the floor

"Bridget is strict with me sometimes," she said, "but inside she's a great person and I love working with her."

Breauna has gained the skills to understand that cleaning is an important component of her job, despite the fact that it's not fun. She's stepped up to the plate to accomplish any task given to her, and she comes to work everyday with a smile knowing that she's an asset to Liberty Fresh Market.