## **Dedicated to Job and Health**



opportunity for her to work she takes it.

Maggie Rodriguez's passion for her job at Mohawk Valley Welcome Center (formerly known as Lock 13) is noticeable every day she comes to work – this passion is so obvious that it influences and inspires her coworkers whenever they work with her.

"I love it there [Lock 13,]" Maggie said. "I love the staff and I love what I do."

Maggie works as a clerk at the Welcome Center, a tourist attraction and rest stop for travelers; far and wide as well as local residents. She goes above and beyond by greeting every person that walks into the Center, she answers historic questions about the area, helps prepare sandwiches for the store and she assists customers and staff as needed.

Because Maggie loves her job so much, she picks up extra shifts whenever she can. She always volunteers to cover shifts when her coworkers are on vacation or are out sick from work – whenever there is an

When Maggie was being treated for health issues about a year ago, her doctor projected that she wouldn't be going back to work at the Welcome Center for at least three months. She couldn't bear the thought of not returning for such a long period of time. So, Maggie decided to make some lifestyle changes to improve her health, and she returned back to work after only one month off.

"I was so happy when I got to go back to work," she said.

Maggie said her health continues to improve; she's been eating healthier foods, drinking a lot more water and she's been concentrating on losing weight. She said she gets help from her Liberty ARC staff and her sister to keep her on track with her diet plan.

"I feel better now. I get help from the staff," Maggie said. "I was happy to go back to work - I missed greeting the people and telling them where to go; I love it there so much."

It's clearly evident that Maggie's dedication to her employment is just as important as her health; both are intricately connected and mean a great deal to her. Maggie looks forward to pursuing quality results in her employment and knows that her work at the Mohawk Valley Welcome Center will be a significant part of her long-term, meaningful work goals.