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Samantha beams with pride as she hands RMDHC's Operations Manager Lori Emery a portion of the pull tabs she collected.

Pulling for the Ronald McDonald House

Liberty program individual, Samantha Togaila, recently donated five large coffee cans full of pull tabs to the Ronald McDonald House Charities (RMDHC) of the Capital Region. Samantha lead a campaign of collecting pull tabs, which are the pieces of metal that open aluminum cans, throughout the community. She placed collection jars at various places around the county, including in the buildings at Liberty, the VFW Hall in Fonda and the Fraternal Order of Eagles in Johnstown.

"Supporting the Ronald McDonald house by collecting pull tabs was a very clear choice for Samantha," said Kim Togaila, Kim's mother. "When she was younger Samantha was in Albany Med and spent time at the Ronald McDonald house, so this cause has always been close to her heart."

Samantha spearheaded the cause by enlisting the help of fellow program individuals and Liberty staff. She has been collecting the donations of pull tabs throughout the year. The tabs came from various sources, such as; soda cans, tennis ball cans, soup and juice cans.

"While it takes thousands of pop tabs to generate a few dollars, the magic of our pull-tab program is that a caring individual is thinking of the kids and families at the Ronald McDonald House each time they pull a tab," said Jeff Yule Executive Director, RMDH Charities of the Capital Region. "This knowledge serves as a motivator to do more, to pull more, and to spread the word. Each week, new friends arrive at our door with their pull tabs and the impact grows."

According to the Ronald McDonald House Charities, they collect pull tabs because they are easier to collect, clean and store and are more valuable than the can its self because they are pure aluminum. The pull tabs are brought to local recycling centers where they are weighed and redeemed for cash per pound. All proceeds go towards the Ronald McDonald House and their efforts to provide a home-away-from-home for the families during the medical treatment of their seriously ill child.

"When your child loves what they are doing and is happy, it makes you happy," said Kim. "That's all a mom can ask for. She's living her own life!"

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