



NEWS RELEASE

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Liberty Foundation Board Welcomes New Member Liberty ARC Appoints Local Woman to Join Private Foundation

Amsterdam- Amsterdam native, Sarah Adamowski, has recently been appointed to the Liberty Foundation Board, a subsidiary board of [Liberty ARC](#). As its newest member, Adamowski will be tasked with supporting and advancing the Foundation's mission: to raise and manage funds for the purpose of supporting a variety of programs intended to improve the lives of persons with disabilities and their families, particularly individuals with developmental disabilities and their families. She will serve a two-year term through 2020.

Currently, Adamowski works as a Program Specialist of Competition & Training for Special Olympics New York. She also serves as a coach for their Special Olympics golf team.

Adamowski and her family have long-standing, deep binding ties to Liberty ARC: brother, Alex, is supported through program; mother, Pauline Adamowski, is a committee advisor; and father, Ken Adamowski, is currently a Liberty ARC board member as well as a past president.

"I am both excited and humbled by this opportunity, and I look forward to learning more about Liberty ARC while we continue to try and better the lives of people living with disabilities in Montgomery County," said Adamowski. "Liberty ARC offers so many great opportunities for people, like my brother Alex, and it is my intention to bring our community a deeper awareness of how far reaching these programs can be. Our Foundation supports new and innovative programs, the benefits of which extend to our community residents and businesses. It is with great pride that I accept this appointment."

Adamowski has previously supported the Liberty Foundation through its annual golf tournament and is an accomplished golfer. She is President and founder of FORE The Girls Scholarship Foundation and presently is head coach for girls golf at Albany Academy. Adamowski graduated from West Liberty University with a bachelor's degree in broadcast communications.

About Liberty ARC

Liberty ARC, a chapter of The Arc New York, was founded in 1957 by parents of children with developmental disabilities who wished to establish special education programs in the local community. For more than 60 years, the organization has provided Montgomery County with top-quality supports and services and has grown to include employment/vocational, recreational, residential, day, family support and health-related services to nearly 580 individuals with physical, developmental and other disabilities.

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