



PRESS RELEASE

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Liberty ARC Purchases Mobility TRAM With Grant From Cerebral Palsy Associations of New York State

AMSTERDAM- Liberty ARC, the Montgomery County Chapter of The Arc New York, is proud to announce that it has been awarded \$7,478 as part of the Community Health Outreach Project administered by the Cerebral Palsy Associations of New York State (CP of NYS) to assist with the purchase of a Rifton TRAM.

The Rifton TRAM is a transfer and mobility device designed to lift and move individuals with three powerful functions that include gait training, sit-to-stand transfers and seated transfers. The TRAM offers more utility than a standard lift, and it is capable of lifting and transferring individuals of varying abilities and body types. The TRAM has been put into use at one of Liberty ARC's residential homes, helping with transfers and ambulation, and is already making a difference to the individuals who have been using it.

"We have been using the TRAM to get people to bear more weight than they would have had the opportunity to before," Liberty ARC's Supervising Physical Therapist Traci Sarabia said. "This mobility technology offers people weight bearing that calls in muscle activation for trunk, lower, and upper extremities and it has positive effects on all aspects of their life. It enhances breathing and eating capabilities and has a positive effect on the GI system as well. Getting people up and moving and weight bearing when they previously could not is so beneficial to their overall physical health and we look forward to continuing to use the TRAM with others as our services continue to open."

"We sincerely appreciate the Awards Committee of the Community Health Outreach Project, and to CP of NYS, for selecting Liberty ARC as a recipient of this grant," said Liberty ARC Chief Executive Officer Jennifer Saunders. "This funding has helped us continue fulfilling our mission of working together to support people with disabilities to achieve a quality of life each person values."

The Community Health Outreach Project was established in January 2020 to assist individuals with disabilities, of all ages, living within a defined 14-county region. The Project aims to provide access to supports to enable people to remain independent, increase their health status, and be active within their homes and communities. CP of NYS offers financial assistance that is otherwise unavailable to individuals with intellectual, developmental, and other significant disabilities, or to agencies on behalf of eligible individuals. Through the Community Health Outreach Project, CP of NYS is doing its part to improve social and environmental living conditions, while promoting quality of life.

About Liberty ARC

Liberty ARC, the Montgomery County Chapter of The ARC New York, is a not-for-profit agency that provides top-quality supports and services to individuals with intellectual and developmental disabilities. We are proud of our six decades of bringing these innovative and valuable programs to those most vulnerable in our community. While staying committed to our framework the agency has grown our employment, residential, day supports, family support and health-related programming throughout the years. Our mission- *Together we support people with disabilities to achieve a quality of life each person values* - together with our *Values* make up the foundation on which our culture is framed. We are extremely proud to be a pioneering agency, which coupled with a dynamic workforce and our person-centered mission makes Liberty ARC a stand-out in our field.

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