

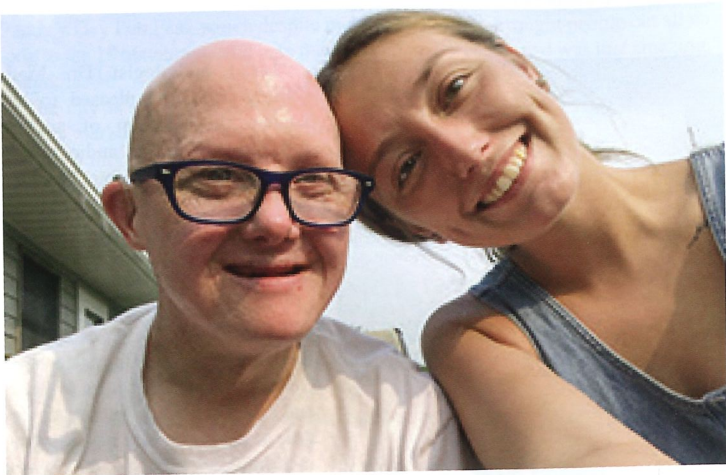
# Direct Support Professionals – a Job with a Heart

It’s hard to describe one day in the life of a Direct Support Professional, because each day can be so different! At Liberty ARC Direct Support Professionals, or DSPs, work directly with people with intellectual or physical disabilities. They work in residential homes, day support programs, and community settings, helping the individuals we support with a variety of daily tasks. DSPs support people of different ages and abilities. DSPs play an important role in the lives of the people they assist, and are there to listen, encourage, and help people live their best lives.

Ultimately, if you’re a people person, being a DSP is a great choice for either a career or a part-time or seasonal job.

“I just enjoy working with people, and that’s why I stay here,” said Cindy Fredericks, a DSP at Liberty ARC. “It just gives you a whole different outlook on life. I have learned a lot by helping and supporting [others]... you can actually have fun while doing your job and being professional at the same time. Life is too short not to have fun!”

“You never know what work is going to be like,” said Maureen “Mo” Manginelli, a DSP who came to Liberty ARC after working in another field. “It’s never repetitive and it’s definitely never boring. Through Family Support Services, we take the individuals on all sorts of trips and it gives them an opportunity to experience something new for the first time. I love going with the individuals to these special places and events because watching them enjoy themselves and learn new things is so rewarding.”



## So what makes a good DSP? Somebody who is:

- Caring and compassionate
- Positive and upbeat - enjoys having fun with people
- Professional and reliable
- Forms good relationships with coworkers, individuals, and families
- Encouraging and is a good listener
- Organized, resourceful, and creative
- Willing to learn and grow
- Looking to develop their skills

## What do DSPs do?

Besides providing physical assistance and supervision, DSPs can help with everything from preparing meals and logging medications to driving wheelchair vans, leading activities like exercise and art projects, attending medical appointments, and creating a fun atmosphere. It is a team-based job where you’ll work closely with your coworkers as part of your ‘Liberty Family.’ Most of all, DSPs make connections with the people they support. Just like with all the people in your life, the ability to laugh, have fun, and relate is so important!

## Are DSPs hired for just the summer?

Yes! Many college students and graduating high school seniors have found being a DSP is a great seasonal job, and one where you can pick up shifts on other school breaks.

## What are some other benefits to the DSP job?

DSPs will tell you there is a lot of satisfaction that comes with a job that is varied, enjoyable, and gives you responsibility and control over your work. There are tons of learning and growth opportunities – the skills you will develop as a DSP will benefit a career in human services or in any number of fields. Many medical professionals, teachers, managers, and others once were DSPs. In addition, at Liberty ARC there are outstanding benefits offered to full and part-time employees. Check out our website for a full listing of benefits at [www.libertyarc.org/careers](http://www.libertyarc.org/careers).

## How can I find out more?

Reach out to Joe Santos in our recruiting department to find out more! Joe spent more than 10 years as a DSP and is an expert in the Liberty ARC roles. Joe can be reached at 518-954-3387 or [josephs@libertyarc.org](mailto:josephs@libertyarc.org).





## Liberty ARC

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COLLEGE STUDENTS AND PART-TIME WORKERS  
ENCOURAGED TO APPLY!

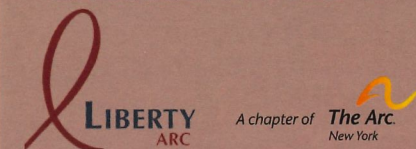
**\$21.50 - \$36.50 PER HOUR SPECIAL SUMMER RATES!**



Are you looking for job with a good paycheck AND fulfilling, fun, and enjoyable work? Do you thrive on working with people and helping them be their best – and have a passion for being a part of a team?

Liberty ARC is looking for Direct Support Professionals (DSP) – and if this sounds like you, now is the perfect time to find out more!

- SPECIAL Summer 2022 differential rates pay between \$21.50 - \$36.50 per hour for DSPs, depending on the shift!
- PAID ON-THE-JOB TRAINING and support for new employees
- FLEXIBLE SCHEDULES – Full and Part-Time, 12 hour shifts, weekends and evenings available
- EXCELLENT FULL TIME BENEFIT PACKAGE – and more!



[libertyarc.org/careers](http://libertyarc.org/careers)

Text LIBERTY to  
59230 to apply!