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**FOR IMMEDIATE RELEASE**

## **Catherine Mowrey Appointed as Director of New Dimensions in Health Care**

**Amsterdam** – New Dimensions in Health Care (NDHC) is pleased to announce the appointment of Catherine Mowrey as the new Director of the Amsterdam-based health center.

In this position, Mowrey will oversee operations of the health center, which offers both dental and medical services. Mowrey has over 16 years of leadership experience in the health care sector. Along with serving as the Director of NDHC, Mowrey is the Director of Medical and Clinical Services at Liberty ARC. New Dimensions is a subsidiary of Liberty ARC, a non-profit organization that supports people with intellectual and developmental disabilities in Montgomery County.

Mowrey has worked at Liberty ARC for 20 years, starting her career as a Medicaid Service Coordinator, then as a Habilitation Coordinator in Day Program to an Assistant Director of Family Supports Services. Prior to gaining employment at Liberty ARC, Mowrey worked for another direct care agency that provides services to people disabilities as a Habilitation Service Practitioner.

“In this new role I am looking forward to working in another part of the agency,” Mowrey said. “In my years with Liberty ARC, I have had many opportunities to grow my career and I am excited to continue my journey at New Dimensions. What I bring to this role is my many years of experience and knowledge in the health care field. With that I can make a positive impact on the team at NDHC and the community of people receiving our quality healthcare services.”

Catherine received her Associate’s Degree in Science from Fulton-Montgomery Community College, her Bachelors of Science from SUNY Upstate Medical University, and her Master’s Degree in Health Care from Russell Sage College.

Catherine is stepping into the role previously held by Dennis Yacobucci, who oversaw operations of New Dimensions since 2005. Dennis’ role as facilities director is expanding with the unification between Liberty ARC and Schenectady ARC, and this change will allow him to focus on that larger role covering facilities in two counties.

“We’re extremely grateful to Dennis for the work he’s done with New Dimensions over the years, and welcome Catherine into this role,” said Jennifer Saunders, CEO of New Dimensions in Health Care. “Catherine exhibits the knowledge and dedication to lead a strong team in providing excellent person-centered healthcare to people of all ages and abilities. We are thrilled have her and her high level of professionalism and commitment at New Dimensions.”

#### **About New Dimensions in Health Care**

New Dimensions Health Care, Inc. (NDHC) is a non-profit organization in Amsterdam, NY, dedicated to improving health outcomes. NDHC operates a health center which offers high-quality dental and medical services to patients of all ages, backgrounds and abilities, with a specialty focus on serving patients with disabilities. Daily, our team of dedicated providers strive to give our patients caring, individualized treatment. Our medical staff believes that establishing meaningful, quality connections helps cultivate a bond between doctor and patient and sets up life-long healthy habits. The health center serves over 4,700 patients annually and is a National Committee for Quality Assurance (NCQA) Patient-Centered Medical Home (PCMH) recognized facility.

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