



**Above:** Liberty Foundation hosted its annual Denim and Diamonds BBQ & Country Concert Fundraiser presented by Marshall & Sterling Insurance, Inc. It was one of two events held by the Foundation this autumn.



**At right:** Liberty Foundation hosted its annual Electric City Trucks, Taps, Corks, and Forks. The food truck event was one of two fundraisers held by the Foundation this autumn.

PHOTOS PROVIDED

## AMSTERDAM

# Liberty Foundation celebrates two successful fall events

Liberty Foundation had a busy autumn with two fun and inclusive events, Denim and Diamonds BBQ & Country Concert and Electric City Trucks, Taps, Corks, and Forks. Combined the two events raised more than \$62,000.

The Liberty Foundation provides vital programs, services, improvements to homes, and experiences which are not funded through government programs to the people with intellectual and

developmental disabilities supported by Liberty ARC. Liberty Foundation has funded items like memorable trips, including to a New York Yankees game, the Wild Center in Tupper Lake, and the Utica Zoo, medical supplies, a portable miniature golf set, indoor and outdoor furniture, and sensory items with the proceeds of events like these.

The annual Denim and Diamonds fundraiser took place Sept. 27 on the Liberty ARC Campus in Amsterdam.

Around 400 people were in attendance, dancing under the big tent to Skeeter Creek's live performance and enjoying a chicken BBQ dinner.

Liberty Foundation and Liberty ARC would like to extend their sincerest gratitude to the following community businesses and business partners for their generous support of this year's Denim and Diamonds event:

Blue Diamond Presenting Sponsor — Marshall & Sterling Insurance, Inc.

Saloon Sponsor — AllSquare Wealth Management, LLC

Rockin' Band Co-Sponsors — Baker Contracting and HealthDirect Pharmacy Services

Bull's-Eye Sponsors — The Bonadio Group, CDPHP, Key-Bank, Kitchens and Baths by K.A.B., and The Langlier Family.

Electric City Trucks, Taps, Corks, and Forks took place Oct. 19 at Viaport in Rotterdam. Over 20 food trucks

and craft beverage businesses participated and 450 people attended the event.

Big Sky Country also performed and a car cruise-in was held.

Liberty Foundation and Liberty ARC would like to extend their gratitude to the following community businesses and business partners for their generous support of this year's Electric City Trucks, Taps, Corks, and Forks:

Silver Sponsors — Hoffman Enterprises and Trustco Bank.

Bronze Sponsors — Adirondack Beverages, Capital Region Pharmacy Services, Fenimore Asset Management, and KeyBank.

Patron Sponsors — Ballston Spa National Bank, O'Connell & Aronowitz, and Pioneer Bank.

Friend Sponsors — One-Group, The Walters Company Air Conditioning, Inc., and Zalucki & Halstead, LLP.

## MAYFIELD

# Nigra Center announces fall class, workshop, event schedule

The Paul Nigra Center for the Creative Arts recently announced its November schedule for classes, workshops and events.

## Tuesday, Nov. 5

### PAINTING CLASS OFFERED

The Paul Nigra Center for Creative Arts will offer an "evening fall skyline" painting class on Tuesday, Nov. 5 from 6 to 7:30 p.m. with instructor Savannah Horan. In this course, participants will explore the interplay of light and shadow as day transitions to night. Participants will develop your skills in observation, composition and color blending. The class is open to everyone from beginners to experienced artists. For more information, call (518) 661-9932.

## Wednesday, Nov. 6

### HOLIDAY WREATH MAKING

The Paul Nigra Center for Creative Arts will offer a holiday theme wreath making class on Wednesday, Nov. 6 from 10-11:30 a.m. with instructor Brenda Dwyer. The cost of the class is \$55 and pre-registration is required. For more information, call (518) 661-9932.

### AUTUMN LANTERN WATERCOLOR PAINTING CLASS

The Paul Nigra Center for Creative Arts will offer an autumn lantern watercolor painting class on Wednesday, Nov. 6 from 10:15-11:30 a.m. The class will be instructed by Heather Mattioni. Students will paint a scene featuring a lantern casting a gentle light, surrounded by autumn leaves, acorns and other cozy details. For more information, call (518) 661-9932.

### YOGA CLASS OFFERED

The Paul Nigra Center for Creative Arts will offer a Strengthen and Lengthen Yoga class on Wednesdays from 5:30-6:30 p.m. with instructor Courtney Wood. The class focuses on strength-building poses and lengthening stretches. This class will focus on elongating muscles, developing stability and flexibility, and promoting a sense of spaciousness within. This class is suitable for all levels, from beginners to experienced practitioners. For more information, call (518) 661-9932.

## Thursday, Nov. 7

### MINIATURE DESIGN & CONSTRUCTION CLASS

The Paul Nigra Center for Creative Arts will offer a four-part miniature design and construction class on Nov. 7, Nov. 14, Nov. 21 and Dec. 5 from 5:30 to 7:30 p.m. in Studio 2. The cost will be \$145 and pre-registration is required.

Brenda Dwyer will be the instructor of the class. Throughout this course, a limited number of students will explore various aspects of miniature design, including scale, proportion, detail and craftsmanship. For more information, call (518) 661-9932.

## Friday, Nov. 8

### FELTED BALL DIFFUSER CLASS

The Paul Nigra Center for Creative Arts will offer a felted ball diffuser class on Friday, November 8 from 10 to 11:30 a.m. The cost will be \$35 and pre-registration is required. Brenda Dwyer will be the instructor of the class. All of the necessary supplies will be provided. For more information, call (518) 661-9932.

## Saturday, Nov. 9

### CLAY MAGNET MAKING CLASS

The Paul Nigra Center for Creative Arts will offer a TikTok trending: Clay magnet making class on Saturday, November 9 from 10:30 a.m. to 12:30 p.m. Natalie May will be the instructor of the class. Participants will learn to create unique and trendy polymer clay magnets for their refrigerators. Students will explore fun, food-shaped designs and teach you how to make everything from quirky earrings to Croc charms (Jibits!) that showcase your outside-the-box creativity. Perfect for anyone who loves hands-on projects and wants to bring a little personality to their space. For more information, call (518) 661-9932.

## Monday, Nov. 11

### CAKE POP MAKING CLASS

The Paul Nigra Center for Creative Arts will offer a TikTok trending: cake pop making class on Monday, November 11 from 10 to 11 a.m. Natalie May will be the instructor of the class. Participants will learn how to layer colorful cake and frosting into push-up pop containers. The class is perfect for beginners and cake lovers of all ages. For more information, call (518) 661-9932.

## Tuesday, Nov. 12

### PAINTING CLASS OFFERED

The Paul Nigra Center for Creative Arts will offer an "colorful hanging mountain scene" painting class on Tuesday, Nov. 12 from 6 to 7:30 p.m. with instructor Savannah Horan. In this hands-on workshop, participants will learn to create a stunning, layered mountain landscape using acrylic on canvas. The class is open to everyone from beginners to experienced artists. For more information, call (518) 661-9932.

## Wednesday, Nov. 13

### YOGA CLASS OFFERED

The Paul Nigra Center for Creative Arts will offer a Strengthen and Lengthen Yoga class on Wednesdays from 5:30-6:30 p.m. with instructor Courtney Wood. The class focuses on strength-building poses and lengthening stretches. This class will focus on elongating muscles, developing stability and flexibility, and promoting a sense of spaciousness within. This class is suitable for all levels, from beginners to experienced practitioners. For more information, call (518) 661-9932.

### PINE CONE OWL ORNAMENT

The Paul Nigra Center for Creative Arts will offer a pine cone owl ornament class on Wednesday, Nov. 13 from 10-11:30 a.m. with instructor Brenda Dwyer. The cost of the class is \$35 and pre-registration is required. For more information, call (518) 661-9932.

### PLAID PUMPKIN PAINTING

The Paul Nigra Center for Creative Arts will offer a plaid pumpkin painting class on Wednesday, Nov. 13 from 10:15-11:30 a.m. The class will be instructed by Heather Mattioni. Students will learn how to paint and design plaid patterns with acrylic paints, then use their designs to paint directly onto pumpkins. This project teaches pattern repetition, color coordination and composition while bringing a modern twist to traditional autumn art. For more information, call (518) 661-9932.

## Friday, Nov. 15

### BEADED ORNAMENT MAKING

The Paul Nigra Center for Creative Arts will offer a two-part beaded ornament class on Friday, November 15 and Wednesday, November 20 from 10 to 11:30 a.m. The cost will be \$45 and pre-registration is required. Participants will create your own vintage-inspired three-inch ornaments using velvet ribbon, beads and pearl-headed pins with sequins. Brenda Dwyer will be the instructor of the class. For more information, call (518) 661-9932.

## Saturday, Nov. 16

### CANDLE PAINTING CLASS

The Paul Nigra Center for Creative Arts will offer a TikTok trending: candle painting class on Saturday, November 16 from 10:30 to 11:30 a.m. Natalie May will be the instructor of the class. Participants will explore the art of painting and decorating candles. They will learn how to use melted wax from tea lights to create dainty, one-of-a-kind designs. For more information, call (518) 661-9932.

## Tuesday, Nov. 19

### INK AND WASH RESIST TURKEY PAINTING CLASS

The Paul Nigra Center for Creative Arts will offer an ink and wash resist turkey painting class on Tuesday, Nov. 19 from 6-8:30 p.m. with instructor Cheryl Bielli. This loose ink sketch is a charming holiday activity for artists of any age. Participants will sketch basic shapes with pencil, then firm up with ink pens, apply an oil resist to the white markings on the turkey's feathers, and apply washes in an earth-tone palette. The white markings resist the watercolor and reappear like magic. For more information, call (518) 661-9932.

## Wednesday, Nov. 20

### YOGA CLASS OFFERED

The Paul Nigra Center for Creative Arts will offer a Strengthen and Lengthen Yoga class on Wednesdays from 5:30-6:30 p.m. with instructor Courtney Wood. The class focuses on strength-building poses and lengthening stretches. This class will focus on elongating muscles, developing stability and flexibility, and promoting a sense of spaciousness within. This class is suitable for all levels, from beginners to experienced practitioners. For more information, call (518) 661-9932.

### CRANBERRY & HERB WATERCOLOR PAINTING CLASS

The Paul Nigra Center for Creative Arts will offer a cranberry and herb watercolor painting class on Wednesday, Nov. 20 from 10:15-11:30 a.m. The class will be instructed by Heather Mattioni. For a natural November botanical theme, this class invites students to paint cranberries, sage, rosemary and other herbs that often appear in fall recipes. For more information, call (518) 661-9932.

## Thursday, Nov. 21

### WOODEN MR. PILGRIM CLASS

The Paul Nigra Center for Creative Arts will offer an ink and wash resist turkey painting class on Thursday, Nov. 21 from 6-8:30 p.m. with instructor Cheryl Bielli. Participants will build Mr. Pilgrim out of wood scraps. A relaxing evening of assemblage, painting and imagination. For more information, call (518) 661-9932.

## Saturday, Nov. 23

### KIDS' GRATITUDE YOGA CLASS

The Paul Nigra Center for Creative Arts will offer a gratitude yoga class for children on Oct. 26 from 10 to 11

a.m. The class, which will be taught by Courtney Wood, will feature gratitude-themed yoga practice, a mindfulness story, a self-growth and/or coloring activity (age appropriate choices will be given), and a take-home snack. The class is open to children ages 3 and older. The fee for the class will be \$12. For more information, call (518) 661-9932.

## Wednesday, Nov. 27

### ABSTRACT FALL LEAF WATERCOLOR PAINTING CLASS

The Paul Nigra Center for Creative Arts will offer an abstract fall leaf watercolor painting class on Wednesday, Nov. 27 from 10:15-11:30 a.m. The class will be instructed by Heather Mattioni. In this session, students will gather autumn leaves from outside and use them to create beautiful prints on canvas, capturing the unique shapes and textures of each leaf. Open to all levels, this class offers a relaxed, creative space to experiment with color, form and texture. For more information, call (518) 661-9932.

## Friday, Nov. 29

### BLACK FRIDAY KIDS ART PROGRAM

The Paul Nigra Center for Creative Arts will offer a Black Friday kids art program on Friday, Nov. 29 from 9 a.m. to 3 p.m. The cost of the program is \$50. Kids will enjoy making their own gifts to place under the tree for the holidays during this program. They will also take part in a cooking workshop and bring home their own platter of holiday cookies. All children must be signed in and signed out by a parent/guardian. There will be no refunds or exchanges for any of the programs unless the Nigra Arts Center cancels. Payment is due in full at the time of registration. Payment secures your child's spot in the program. For more information, call (518) 661-9932.

## Saturday, Nov. 30

### LIP BALM KEYCHAINS CLASS

The Paul Nigra Center for Creative Arts will offer a TikTok trending: lip balm keychain class on Saturday, November 30 from 10:30 to 11:30 a.m. Natalie May will be the instructor of the class. Participants will transform their favorite lip balms—whether it's Lip Smackers, Summer Fridays, Carmex or any other balm—into personalized, eye-catching accessories. This class is geared toward teens and tweens. For more information, call (518) 661-9932.