



PHOTO PROVIDED

New Dimensions in Health Care recently announced the appointment of Catherine Mowrey as the new Director of the Amsterdam-based health center.

AMSTERDAM

Mowrey appointed as Director of New Dimensions in Health Care

New Dimensions in Health Care (NDHC) recently announced the appointment of Catherine Mowrey as the new Director of the Amsterdam-based health center.

In this position, Mowrey will oversee operations of the health center, which offers both dental and medical services. Mowrey has over 16 years of leadership experience in the health care sector. Along with serving as the Director of NDHC, Mowrey is the Director of Medical and Clinical Services at Liberty ARC. New Dimensions is a subsidiary of Liberty ARC, a non-profit organization that supports people with intellectual and developmental disabilities in

Montgomery County.

Mowrey has worked at Liberty ARC for 20 years, starting her career as a Medicaid Service Coordinator, then as a Habilitation Coordinator in Day Program to an Assistant Director of Family Supports Services. Prior to gaining employment at Liberty ARC, Mowrey worked for another direct care agency that provides services to people disabilities as a Habilitation Service Practitioner.

“In this new role I am looking forward to working in another part of the agency,” Mowrey said in a news release. “In my years with Liberty ARC, I have had many opportunities to grow my career and I am excited to continue my

journey at New Dimensions. What I bring to this role is my many years of experience and knowledge in the health care field. With that I can make a positive impact on the team at NDHC and the community of people receiving our quality healthcare services.”

Mowrey received her Associate’s Degree in Science from Fulton-Montgomery Community College, her Bachelors of Science from SUNY Upstate Medical University, and her Master’s Degree in Health Care from Russell Sage College.

Mowrey is stepping into the role previously held by Dennis Yacobucci, who oversaw operations of New Dimensions since 2005. Dennis’ role as facilities

director is expanding with the unification between Liberty ARC and Schenectady ARC, and this change will allow him to focus on that larger role covering facilities in two counties.

“We’re extremely grateful to Dennis for the work he’s done with New Dimensions over the years, and welcome Catherine into this role,” said Jennifer Saunders, CEO of New Dimensions in Health Care, in the release. “Catherine exhibits the knowledge and dedication to lead a strong team in providing excellent person-centered healthcare to people of all ages and abilities. We are thrilled have her and her high level of professionalism and commitment at New Dimensions.”